

Covington Class Schedule

770-787-8707

(Effective September 4, 2013)

“Changing the World One Black Belt at a Time!”

www.umaskarate.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Tigers Beginner (Ages 3 - 4)	4:00 PM		4:00 PM			12:00 PM
Lil' Dragons Beginner (Ages 5 - 6)	4:40 PM	5:40 PM	4:40 PM	5:40 PM		12:00 PM
Jr. Ninja Beginner (Ages 7-12) (White/Yellow/Orange)	5:20 PM	6:20 PM	5:20 PM	6:20 PM		11:00 AM
Jr. Ninja Intermediate (Ages 7-12) (Green/Purple/Blue)	6:10 PM	4:50 PM	6:10 PM	4:00 PM		11:00 AM
Jr. Ninja Advanced (Ages 7-12) (Red/Brown/Black)	7:00 PM	4:00 PM	7:00 PM	4:50 PM		11:00 AM
Kickin' Teens/Adults (Ages 13+) (All Belts)	7:50 PM	8:00 PM	7:50 PM	8:00 PM		10:00 AM
Black Belts (All Ages)		7:10 PM		7:10 PM		
Weapons Class (Leadership ONLY)					4:15 PM	
Family Class (All Ages) (All Belts)					5:20 PM	
Sparring Class (All Ages) (Full Gear Required)					6:10 PM	

* Action te AM practice will be held on the 1st and 3rd Fridays of the month at 7:00 PM.

* Basic Experience members may attend 1-2 classes per week. White uniform only please.

* Black Belt Experience members may attend up to 3 classes per week total. (Includes sparring class)

* Leadership/Instructor Experience members may attend up to 4 classes per week total. (Includes sparring and weapons class)

* Yellow belts and above must supply their own sparring equipment and weapons. MUST have UMAS logo!!!

* Students are encouraged to study their curriculum books and DVD's and practice at home to make timely progress.

* U.M.A.S. Karate t-shirts may be worn to all classes during the summer and always on Friday evening classes.

Available at the schools pro shop.

* All Black Belt and Leadership Experience members must bring gear and weapon to every class. (“Odd” days are weapon days and “Even” days are gear days) (see monthly calendar)

* Please arrive 5-10 minutes prior to the start of your class. If more than 10 minutes late you may not take class!

* You must be picked up immediately after class. We are not responsible for children left unattended!

* Do not disturb class! Pull attendance card upon arriving and sit quietly in line.